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## Child Development and Mental Wellness Integration In Higher Education



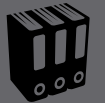
### Child, Growth, and Development

- Outcome: Identify cultural, economic, political, and historical contexts that impact children's development
- Topic: Overview of Adverse Childhood Experiences research.



### Resources

- VIDEO: Paper Tigers": A Documentary about Adverse Childhood Experiences <https://kprjfilms.co/paper-tigers/about-the-film/>



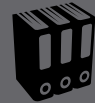
### Teaching in a Diverse Society

- Outcome: Examine the impact of various societal influences on the development of children's social identity.
- Topic: Stigma and barriers created within group care and in educational settings.
- Topic: Generational and Historical Trauma



### Resources

- Gopaikrishnan, N. (2018). Cultural diversity and mental health: Considerations for policy and practice. *Frontiers in Public Health*, 6(179), 1-7. [www.frontiersin.org](http://www.frontiersin.org)
- VIDEO: Paper Clips <http://www.oneclipatatime.org>



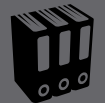
### Child, Family, and Community

Outcome: Identify the educational, political, and socioeconomic impacts on children and families.  
Topic: Mandated Reporter and Child Abuse  
Topic: What is a *System of Care* and what is its connection to ECE and child development?



### Resources

- VIDEO: Adverse Childhood Experiences: Implications for Transforming Our Systems of Care, 2013 <https://www.samhsa.gov/capt/tools-learning-resources/aces-implications-care>
- Stroul, B. A., Blau, G. M., & Friedman, R. M. (2010). *Updating the system of care concept and philosophy*. Washington, DC: Georgetown University Center for Child and Human Development, National Technical Assistance Center for Children's Mental Health



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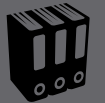
### Health, Safety, and Nutrition

- Outcome: Describe strategies used to promote health, safety, and nutrition of children and adults in early childhood settings.
- Topic: Overview of mental health for young children.



### Resources

- ➔ VIDEO: PBS - Adverse Childhood Experiences: A Public Health Issue - Building Strong Brains Tennessee (2018) Episode #1 - ACEs and Their Effects, Episode 1



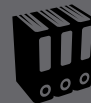
### Administration II: Personnel and Leadership in ECE

- ➔ Outcome: Implement ongoing professional development
- ➔ Topic: Understanding how programs serving children and families fit within the *system of care* for children within communities.



### Resources

Green, B. L. & Allen, M. D. (2012). Developing and implementing a program wide vision for effective mental health consultation. Center for Early Childhood Mental Health Consultation: Georgetown University Center for Child and Human Development. [https://www.ecmhc.org/documents/CECMHC\\_AdministratorsToolkit.pdf](https://www.ecmhc.org/documents/CECMHC_AdministratorsToolkit.pdf)



### Infant and Toddler Development

- ➔ Outcome: Demonstrate knowledge of biological and environmental factors that influence pre-conception and prenatal health and dev.
- ➔ Topic: Supporting social emotional and mental wellness for infants and toddlers.



### Resources

- Center for Early Childhood Mental Health Consultation: [www.ecmhc.org](http://www.ecmhc.org)
- Tutorial 6 Recognizing and Supporting the Social and Emotional Health of Young Children Birth to Age Five
- Tutorial 7 Recognizing and Addressing Trauma in Infants, Young Children, and their Families

