


Physical Development

Universal Design for Learning

- Provides for multiple means of representation, multiple means of engagement, and multiple means of expression.



(page 14) *California Preschool Curriculum Framework, Volume 2*

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Multiple means of representation

- Providing information in a variety of ways to meet the learning needs of all children

Multiple means of expression

- Allowing children to use alternative ways to communicate or demonstrate what they know or what they are feeling

Multiple means of engagement

- Offering choices in the setting or program that facilitate learning by building on children's interests

(page 14) *California Preschool Curriculum Framework, Volume 2*

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- Look for universal design principles in the guiding principles, environmental factors, descriptions of planning learning opportunities and teachable moments, vignettes, and interactions and strategies (Chapter 3).
- Identify how the adaptations you found in the curriculum framework could be used in one or more of the three strands and their substrands:
 - Fundamental Movement Skills
 - Perceptual-Motor Skills and Movement Concepts
 - Active Physical Play

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- Create a visual representation to show the adaptations you have identified for your strand.
- Show examples of each of the three elements of universal design:
 - multiple means of representation
 - multiple means of engagement
 - multiple means of expression

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- Which adaptations stood out for you?
- Which adaptations do you think you could easily use? Which ones might seem more challenging? Why?
- What were some examples of multiple means of representation, multiple means of engagement, or multiple means of expression that crossed all three strands?

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- What do you plan to keep in mind when planning ways to modify or adapt the learning environment and experiences to ensure that children with disabilities engage in active physical play, learn movement skills and concepts, and develop physically?

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- What information from the presenter(s) caught your attention or stood out for you?
- What are you most confident about in supporting the development of children with disabilities in the three physical development strands?
- What new or different perspectives do you have? How has this presentation been helpful?

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- What do you want to keep in mind when you are planning ways to modify or adapt the learning environment and experiences for children with disabilities to ensure their access to all aspects of the physical development curriculum?

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“Individualization of learning includes all children.”

(page 8) *California Preschool Curriculum Framework, Volume 2*

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- What stands from developing these lists?
- What was easy about identifying how interactions and strategies addressed individualizing curriculum? What was more challenging?
- Do you think it would be more difficult to individualize the curriculum in one of the visual and performing arts strands or substrands than the others? Which one and why?
- What first step can you take to find more resources or support in individualizing the curriculum for that strand or substrand?

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“Family and community partnerships create meaningful connections.”



(pages 7-8) *California Preschool Curriculum Framework, Volume 2*

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- What considerations appeared most frequently?
- Which ones require learning specific information about the families related to their background and beliefs about children's physical development and active physical play?
- Which ones seem especially important based on your experiences with families?
- What are some concrete steps you would take as a teacher to find out about families' experiences, culture, beliefs, and interests in children's physical development and active physical play?

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- What part of this class session stood out most for you today?
- Which ideas or concepts from today's work reinforced what you have already learned or experienced? Which ones gave you a new perspective or insight?
- How might you apply a new idea or perspective to your work now or in the future?
- What information or support do you need?
- What first step could you take to locate this support or information? What steps could you take to start applying the new idea or perspective?



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- Identify two resources that will help you:
 - Ensure that children with disabilities are engaging in active physical play and developing movement skills and concepts.
 - Develop additional strategies for individualizing the physical development curriculum.
 - Involve families in their children's active physical play and physical development.
- Write a paper on each resource, summarizing what you learned and how you can use the information in your work.