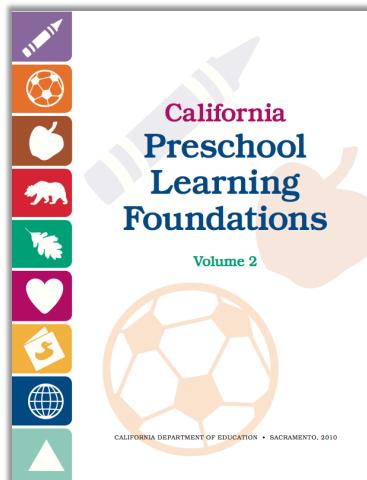


# Physical Development



Physical Development: Learning Experience 6

<http://www.wested.org/facultyinitiative> |

# Physical Development

**Identify key points related to:**

- Sequential development of fundamental movement skills
- Importance of movement and physical play and activity
- Relationship of physical activity and health
- Relationship of physical activity and academic performance
- Importance of adult instruction in children's development of physical skills
- Relationship of children's physical play and social-emotional development
- Physical development and children with disabilities

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# Physical Development

Select one research study related to:

- Sequential development of fundamental movement skills
- Importance of movement and physical play and activity
- Relationship of physical activity and health
- Relationship of physical activity and academic performance
- Importance of adult instruction in children's development of physical skills
- Relationship of children's physical play and social-emotional development
- Physical development and children with disabilities

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# Physical Development



- Listing and overview of the research articles
- Summary of the findings
- Discussion of how the findings relate to specific foundations

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## Physical Development

- What key finding from the research really caught your attention?
- What were some new insights you gained?
- Which studies or findings did you find most relevant to your understanding of the foundations?

## Physical Development

- How did a finding challenge or affirm your beliefs?
- What question(s) did the research raise for you?
- What is a next step you will do in answering this question?



## Physical Development

- Overview of the research
- Summary of findings, key points, and recommendations from the studies
- How the research relates to particular foundations
- Possible implications for practice—ways that preschool teachers can support children's acquisition of the knowledge and skills described in the physical development foundations