

# Table of Contents

## *Instructional Guide for the California Preschool Learning Foundations, Volume 2 (PLF, V2)*

### Introduction to the Instructional Guide

- Introduction ..... 1

### Organizational Chart

- Organizational Chart for the *Instructional Guide for the California Preschool Learning Foundations, Volume 2* ..... 9

## Health Domain

- Introduction to the Instructional Guide for the Health Domain ..... 240
- Map of the Foundations for the Health Domain ..... 246



### Learning Experience 1: Connecting to Our Own Health Habits

- Preview of Learning Experience 1 ..... 247
- Learning Experience 1 ..... 249
- Online Options ..... 249, 250
- Handout 1: Health Domain Self-Assessment ..... 251



### Learning Experience 2: Mind Mapping the Health Domain to Discover Our Connections to the Health Foundations

- Preview of Learning Experience 2 ..... 253
- Learning Experience 2 ..... 255
- Online Options ..... 256, 257
- Handout 1: Health Foundations ..... 258



### Learning Experience 3: Piecing Together the Health Domain Content Puzzle

- Preview of Learning Experience 3 ..... 260
- Learning Experience 3 ..... 262
- Online Options ..... 264
- Handout 1: Health Foundations ..... 266
- Handout 2: Health Domain Puzzle ..... 268



### Learning Experience 4: Exploring the Content of the Health Domain Foundations

- Preview of Learning Experience 4 ..... 271
- Learning Experience 4 ..... 273
- Online Options ..... 274

 <b>Learning Experience 5: Conversations About Key Content in the Health Domain</b>	
• Preview of Learning Experience 5 .....	276
• Learning Experience 5 .....	278
• Online Options .....	279
• Handout 1: Conversations About Key Content in the Health Domain.....	281
 <b>Learning Experience 6: Linking the Research and Rationale for the Health Domain to Children's Health Issues</b>	
• Preview of Learning Experience 6 .....	284
• Learning Experience 6 .....	286
• Online Options .....	287
 <b>Learning Experience 7: Linking the <i>California Preschool Learning Foundations</i> and the Kindergarten Content Standards Related to Health</b>	
• Preview of Learning Experience 7 .....	289
• Learning Experience 7 .....	291
• Online Options .....	293
• Handout 1: Linking the <i>California Preschool Learning Foundations</i> and the Kindergarten Content Standards Related to Health .....	295
 <b>Learning Experience 8: Reviewing the Research and Rationale for the Health Domain</b>	
• Preview of Learning Experience 8 .....	305
• Learning Experience 8 .....	307
• Online Options .....	308
 <b>Learning Experience 9: Exploring the Impact of Families and Culture on Children's Development of Health Practices</b>	
• Preview of Learning Experience 9 .....	310
• Learning Experience 9 .....	312
• Online Options .....	313
• Handout 1: Role-Playing Scenarios .....	315
 <b>Learning Experience 10: Identifying Family and Cultural Beliefs and Practices About Health</b>	
• Preview of Learning Experience 10 .....	318
• Learning Experience 10 .....	320
• Online Options .....	322, 323
 <b>Learning Experience 11: Observing Examples of the Health Foundations During Preschool Routines</b>	
• Preview of Learning Experience 11 .....	324
• Learning Experience 11 .....	326
• Online Options .....	328, 329
• Handout 1: Health Foundations .....	330
• Handout 2: Observation Guide: Exploring Examples of the Health Domain.....	332



### **Learning Experience 12: Exploring Scripts for the Health Domain in the Early Care and Education Setting**

• Preview of Learning Experience 12 .....	335
• Learning Experience 12 .....	337
• Online Options .....	338
• Handout 1: Identifying <i>Scripts</i> for the Health Domain .....	340



### **Learning Experience 13: Exploring the Relationships of the Foundations in the Health Domain to Foundations in Other Domains**

• Preview of Learning Experience 13 .....	343
• Learning Experience 13 .....	345
• Online Options .....	346, 347
• Handout 1: Looking for Relationships Across Domains .....	348



### **Learning Experience 14: Exploring English-language Development in the Health Foundations: Critical Vocabulary**

• Preview of Learning Experience 14 .....	350
• Learning Experience 14 .....	352
• Online Options .....	352, 353, 354
• Handout 1: Developing Vocabulary in the Health Habits Strand for Children Who Are English Learners .....	355

## **Instructional Methodologies Index**

• Instructional Methodologies Index for the <i>Instructional Guide for the California Preschool Learning Foundations, Volume 2</i> .....	357
--	-----

## **Student Learning Outcomes Indexes**

• Curriculum Alignment Project's Lower Division Eight Courses and Student Learning Outcomes Indexed with the <i>Instructional Guide for the California Preschool Learning Foundations, Volume 2</i> –	
Health Domain .....	381

## **Appendices**

• Appendix A – Student Learning Outcomes (SLOs) .....	390
• Appendix B – Summary of the <i>California Preschool Learning Foundations, Volume 2</i> .....	478
• Appendix C – Related Links and Resources .....	488

## **PowerPoint Presentations**

- PowerPoint presentations are available for each domain by learning experience.