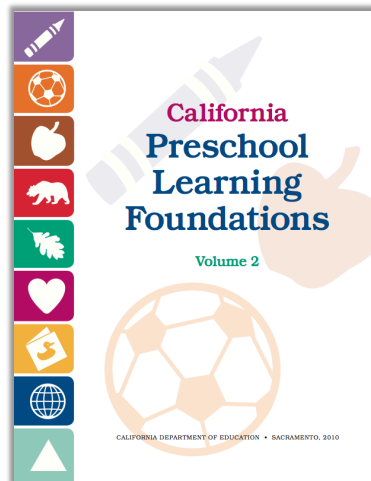


Health



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1

Health



Health Habits (Strand)

- 1.0 Basic Hygiene (Substrand)
- 2.0 Oral Health (Substrand)
- 3.0 Knowledge of Wellness (Substrand)
- 4.0 Sun Safety (Substrand)

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Safety (Strand)

1.0 Injury Prevention (Substrand)



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3

Health

Nutrition (Strand)

1.0 Nutrition Knowledge (Substrand)

2.0 Nutrition Choices (Substrand)

3.0 Self-Regulation of Eating (Substrand)



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Health

Health Domain Puzzle

Health Habits	
At around 48 months of age	At around 60 months of age
<i>Basic Hygiene</i>	
Demonstrate knowledge of some steps in the handwashing routine.	Demonstrate knowledge of more steps in the handwashing routine.
Practice health habits that prevent infectious diseases and infestations (such as lice) when appropriate, with adult support, instruction, and modeling.	Begin to independently practice health habits that prevent infectious diseases and infestations (such as lice) when appropriate, with adult support, instruction, and modeling.

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Health

- What stands out to you?
- Were some strands and substrands easier to put together? Which ones and why?
- Which strand and substrands were most challenging? Why?
- What are some examples you have seen of these foundations?
- Which substrand do you want to know more about? How could you find more about that substrand?

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